5-Hydroxytryptophan Extra Strength

Alternative to Tryptophan

Pharmaceutical grade 5-hydroxytryptophan (5-HTP), the precursor to serotonin. 5-HTP is used for sleep disorders, depression, anxiety, migraine and tension-type headaches, fibromyalgia, binge eating associated with obesity, premenstrual syndrome (PMS), premenstrual dysphoric disorder (PMDD), attention deficit-hyperactive disorder (ADHD), cerebellar ataxia, Ramsey-Hunt syndrome, Down syndrome, and as adjunctive therapy in seizure disorder and Parkinson’s disease.

Each capsule supplies:

5-Hydroxytryptophan (5-HTP) 200 mg

Other Ingredients:

Rice flour, magnesium stearate, gelatin.

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.